

6 February 2024

**Class Swimming Lessons  
Years 1-6**

Dear Parents and Carers

At Lindfield PS we are fortunate to have a swimming pool on our school grounds. We employ professional coaches to teach swimming with focus areas being stroke development and correction, endurance and water safety. All students in Years 1-6 receive a weekly lesson in Terms 1 and 4. This forms a key part of our Personal Development/Health and Physical Education program. Class teachers supervise these sessions.

Students are expected to attend these lessons unless they are unwell or injured. Please provide a note or email to the class teacher to withdraw your child from swimming for that session.

For each swimming lesson students will need: swimmers, goggles, swim cap (mandatory and available in house colours from the Clothing Pool), towel, rash vest (optional), underwear and thongs/scuffs for moving between the pool and the change rooms.

Please complete the permission note below and return it to the class teacher by Monday 12 February. Fees for swimming lessons will be billed later this term.

Kind regards

Megan Lockery  
Principal

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**CLASS SWIMMING PERMISSION NOTE**  
**Please return to your child's class teacher by Monday 12 February 2024**

I give permission for my child \_\_\_\_\_ of  
class \_\_\_\_\_ to participate in supervised swimming activities during 2024.

**In relation to the proposed swimming activities, I advise that my child is a:**  
(Tick one box and leave all others blank)

- Non swimmer** – my child is unable to swim.
- Weak swimmer:** – my child is not a confident swimmer or is not comfortable in the water.
- Average swimmer** – my child is a reasonable swimmer but is not very strong or confident in deep or fast water.
- Strong swimmer** – my child is a strong swimmer and is very confident in deep or fast water.

Parent/Carer Name: \_\_\_\_\_ Signature: \_\_\_\_\_