

RAT Social Story

LPS Term 1 2022



It's time to go back to school.

When I go to school I will get to see my friends and my teachers.

**Welcome
back
to School**



To make sure everyone stays safe and healthy, teachers and students will do a special test 2 times each week.

The test is called a **Rapid Antigen Test or RAT**, and it can tell us if we have COVID-19.



The tests we have
at LPS for the start
of term look like this.





One of my grown-ups has already picked up my tests for the first 2 weeks of school from LPS.

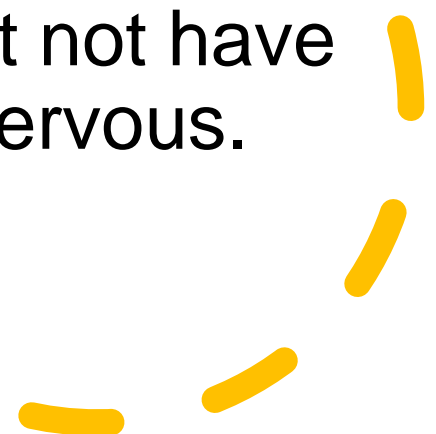
This week I will take a test on **Tuesday** and **Thursday** mornings *before school*.

From then on, I will take a test on **Monday** and **Wednesday** mornings *before school*.



Rapid Antigen Tests might look a little bit funny! I might not have seen something like this before so I might be feeling nervous.

That is okay!



A grown-up will help me to do my test. They will get all the things we need out of the box.

It might be fun to pretend we are scientists doing an experiment!



Before we start I will blow
my nose.



Next, I will wash
my hands so they
are very clean.

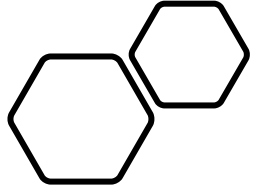
The grown-up
helping me take
the test will wash
their hands too.



Now my grown-up will carefully put the soft end of the swab up one of my nostrils and roll it slowly around 5 times. It won't go too high.

Then they will do the same thing in my other nostril.





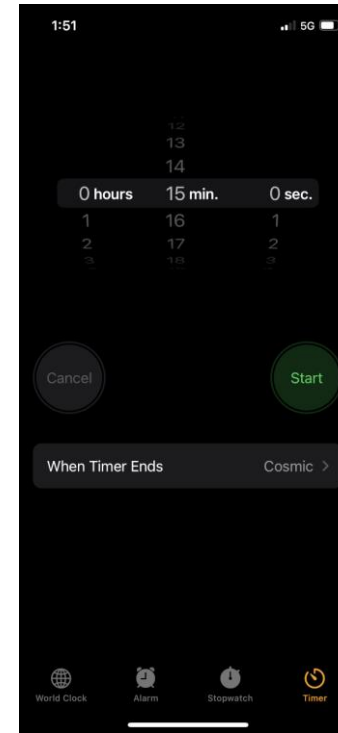
It might tickle or feel a bit strange. I might feel like sneezing. My eyes might water a little bit.

But it will be over very quickly - even faster than tying my shoelaces!

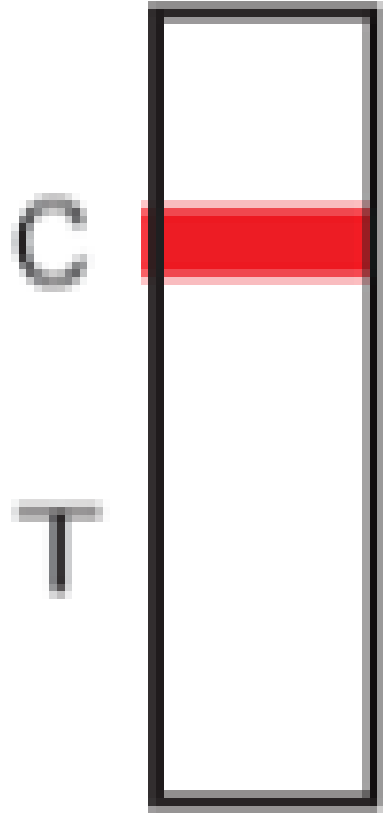


I might choose a special toy to squeeze during this part of the test.





My grown-up will do the next parts of the test. When they have put the drops of liquid onto the test cassette, we will set a timer for 15 minutes.



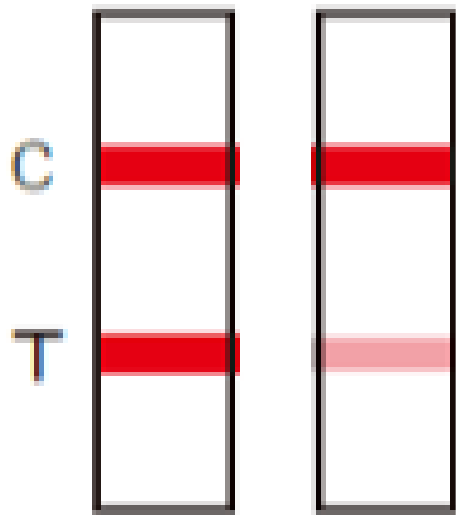
After 15 minutes, we can check the test cassette.

If my test looks like this, I can go to school!

If my test looks like this, I need to stay home from school for **7 days** to keep everybody safe and healthy.

If I have COVID-19 I don't need to worry. I will be okay.

I just need to stay home so I don't spread my germs. I might feel like I have a cough or cold.



If I am feeling sick, I will just rest so that I can get better.

If I am feeling well, my grown-ups can contact my teacher and get some work for me to do at home.





My school will tell me when I no longer need to do Rapid Antigen Tests, but for now this is an important thing I can do to help keep my friends, family and teachers safe and healthy.