

**Principal:** Megan Lockery  
**Deputy Principal K-2:** Angela Mustaca  
**Deputy Principal 3-6:** Peter Hayllar

## UPCOMING EVENTS

### Monday 3 February

Kindergarten commences.

Cheers & Tears Morning Tea 9-11am

### Friday 7 February

Welcome Back BBQ 5-7pm

### Monday 17 – Wednesday 19 February

Year 5 Camp

Further upcoming events can be viewed by clicking on Calendar on the home page of the school website:  
<https://lindfield-p.schools.nsw.gov.au/>



Education

# Lindfield Lines

Term 1 Week 1

29 January 2020

## Principal's Message

### Welcome Back

Happy New Year to everyone and welcome back to a new year of learning and exciting activities. I trust that you enjoyed some quality time with family and friends. It has been a difficult start to the year for many families as they cope with the effects of the bushfires. The

Department of Education has issued an Information Sheet to support anyone affected and I have included it in this week's Lines. Please let us know if we can assist you in any way.

The students have come back refreshed and happy to see their friends. We especially welcome our 38 new students who joined us this year. Their buddies have been doing a great job showing them around the school.



### Update on Coronavirus

Thank you for your understanding and support of the precautionary measures we have put in place to manage the Coronavirus. I have been very grateful to those families who have identified that they have travelled to China and Hong Kong and will be keeping their children at home for 14 days after their departure from China/Hong Kong. We are monitoring this and working with our families as best we can from the front office and the teachers are also aware of this new advice. For any student not attending school for the first couple of weeks, there will be work uploaded to the school website under the 'Supporting our Students' tab – Coronavirus – Working from Home. This will be available as from tomorrow morning. Please check this regularly as it will be updated every few days. This is the latest advice from the Department of Education as at 6:45pm 28 January 2020 in both English and Mandarin.

*The NSW Ministry of Health and NSW Department of Education have recommended that any student who was travelling in China (including Hong Kong) over the past 14 days should not return to school or child care services this week, as the coronavirus' incubation period can be as long as two weeks.*

*Students who returned to Australia more than 14 days ago and have shown no symptoms are able to return to school this week.*

*There has been a small number of cases of confirmed Novel Coronavirus in New South Wales. In accordance with national public health guidelines, exclusions only apply for those who are a:*

- *Confirmed case of Novel Coronavirus – exclude until medically cleared*
- *Close contact of a confirmed case of Novel Coronavirus – exclude for 14 days since last contact with the confirmed case*

*Close contact is defined as living in the same household, 15 minutes face-to-face contact with a person with confirmed coronavirus in any setting, or sharing a closed space with a person with confirmed coronavirus for more than 2 hours.*

*The Ministry of Health has processes in place to identify any close contacts of cases confirmed in Australia. Advice about not attending school would be provided to these close contacts by the Ministry of Health.*

*Consistent with current guidelines, staff and students who are unwell with respiratory illness should remain at home until symptoms resolve. In accordance with our current practice if any child becomes unwell we will implement our infection control guidelines and follow the advice provided by the Ministry of Health as appropriate.*

*We will continue to monitor the situation closely and take advice received from NSW Ministry of Health and NSW Department of Education to ensure we are responding to the situation appropriately.*

#### 学校答家长问

28 January 2020 - 2020 年 1 月 28 日

谢谢您的电邮或查询。

在 NSW 卫生部和 NSW 教育部建议那些在最近 14 天内在中国（包括香港）旅行的学生在这个星期不要回到学校或托儿机构，因为冠状病毒潜伏期可能长达两个星期。

如果学生是在 14 天以前回到澳大利亚，而且没有任何症状，那么他们可以在这个星期回校。

在新州 NSW，已有少数病例确诊为新型冠状病毒（Novel Coronavirus (2019- nCoV) ）。

根据全国公共卫生准则，只有下列人员属于例外情况：

- 确诊的新型冠状病毒病例（2019- nCoV）：在经过医学检查无异常之前，均属于例外情况
- 与确诊的新型冠状病毒患者有密切接触：从最后一次与确诊的患者接触算起，在 14 天内均属于例外情况

所谓紧密接触，是指生活在同一个家庭中，在任何机构中与确诊的冠状病毒患者有当面对触达 15 分钟，或者与确诊的冠状病毒患者共处一个封闭空间超过 2 小时。

卫生部已经建立了一套程序在澳大利亚确认与患者密切联系的人，而且会向这些亲密接触者提出不要上学的建议。

根据现行准则，患有呼吸系统疾病而感到不适的教职员工和学生都应留在家中，直到症状消失。根据我们目前的做法，如果有任何孩子感到身体不适，我们将执行感染控制准则，在适当的情况下遵循卫生部提出的建议。

感谢您询问这方面的问题。我们将继续密切关注局势，遵循 NSW 卫生部和 NSW 教育部的建议，以确保我们对局势做出适当的回应。

电话口译服务

如果您需要更多信息，请打电话向校长查询。如果您需要口译员来协助您查询，请打电话 131 450 给电话口译服务处，要求使用您语言的口译。这项服务对您是免费的。

**Here are some links that may be helpful:**

Factsheet English <https://www.health.nsw.gov.au/Infectious/factsheets/Pages/novel-coronavirus.aspx>

Factsheet simplified Chinese <https://www.health.nsw.gov.au/Infectious/factsheets/Factsheets/novel-coronavirus-sc.pdf>

Media release 28 January [https://www.health.nsw.gov.au/news/Pages/20200128\\_05.aspx](https://www.health.nsw.gov.au/news/Pages/20200128_05.aspx)

## K-2 Toilet Upgrade

Over the holidays we have been fortunate to have our K-2 toilets refurbished. This has been a huge undertaking as they been completely gutted and will have new toilets, wash troughs, urinals, windows and tiles. Work is well underway as you can see by the photos but will not be completed until mid February. We are looking forward to seeing our brand new toilets!



## Classes and Staffing 2020

Students returned today and were placed in temporary classes. They will remain in these temporary classes until our numbers are finalised then we can place the students into permanent classes. It is expected that this will take a few days as we are still getting new enrolments every day. Class structure and our staffing entitlement is determined by numbers. In the meantime, students have commenced work according to their new grade level and will also participate in lessons in a range of areas including Literacy, Numeracy, Personal Development and History / Geography.

Megan Lockery

**Principal**



## Information for parents and carers

Large scale distressing events impact our communities in many ways. As with the drought the recent bushfires have impacted a number of our communities and have been unsettling and stressful for many students. Children cope with traumatic experiences in different ways and there is no one 'standard' pattern of reaction. If you are concerned about your child, it's important to discuss your concerns with their teacher(s) and seek support from the school counsellor or other professionals you know.

Distress may be related to:

- having been directly at risk/exposed to fires (loss of homes, pets, personal belongings)
- being concerned about family or friends
- being exposed to distressing media coverage including injured wildlife, and
- feelings and memories resulting from previous experiences and other instances of grief and loss.

There is no such thing as a typical reaction. Some may show much distress or they may ask many questions and appear preoccupied with the event. Some of these reactions may appear immediately but others may not show themselves for weeks or even months later.

Some reactions may include sleep disturbances, regressive behaviour (thumb sucking), nightmares, fear of the dark, clinging to parents/carers, loss or increase in appetite, physical complaints that have no medical basis, aggressive behaviour, competition with sibling for parental attention, withdrawal and/or loss of interest in regular activities.

Children look to the significant adults in their lives for guidance on how to manage their reactions. Parents and teachers can help children cope by remaining calm and reassuring them that they will be all right.

Children are usually very resilient and for most children these reactions will gradually reduce over time with the support of families. After a traumatic event, children need comfort, reassurance and support, and to know that they are safe and are being looked after.

## How you can support your child

- Children need comfort, reassurance and support, and to know that they are safe and are being looked after. Try to spend more time with your children and provide them with plenty of affection through cuddles and hugs.
- Let them be more dependent on you for a while and try to re-establish daily routines, for example routines around mealtimes, bedtimes and returning to school. Keep to your regular routines and activities as much as possible.
- Listen to your children's concerns. Listen closely to what they are asking or saying, and if they are looking for factual information, or if the questions are expressing anxiety about the bushfires. Try to keep your own feelings to yourself when talking about their feelings. Let them know that you understand how they feel. Correct any misunderstandings or confusion.
- Keep your responses appropriate to the age and emotional maturity of your child. Young children often need reassurance more than facts.
- Monitor their exposure to television/social media stories regarding the fires. Children can be distressed by watching repeated images. Explain to them that it may not be a good idea to keep watching repeated images.
- Include your child in planning any changes resulting from the current situation.
- Support your child to stay connected to friends.
- Be aware of how you talk. Adults need to be conscious of the presence of children when discussing the effects of natural disasters. It is a good idea not to let children overhear adult conversations about worrying things if they cannot join in at their own age or stage of development.

Most importantly, look after yourself. When you are feeling cared for you are better able to respond to the needs of your children.

## Where to get help

While most children will bounce back after a traumatic event, some children may show prolonged distress and may benefit from professional support. Please contact your school to discuss the most appropriate support for your child.

If you would like additional support, the following services are available:

- The school counsellor
- Your local GP
- Kids Helpline – 1800 55 1800 – [kidshelpline.com.au](https://www.kidshelpline.com.au)
- Headspace – 1800 650 890 – [ehheadspace.org.au](https://www.headspace.org.au)
- Parent Helpline – 1300 1300 52
- Beyond Blue – 1300 22 4636
- Mensline – 1300 789 978
- Lifeline – 13 11 14

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## Deputy Principals' Message

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### Keeping Healthy!

Today we spoke at length to our students about keeping healthy and stopping the spread of germs. Our teachers have been provided with anti-bacterial products such as Glen 20 and antiseptic wipes to keep classrooms clean throughout the day. Each classroom also has hand sanitiser to use so children can regularly clean their hands. Students were reminded to wash their hands regularly, cough into their elbows, use a tissue to wipe their noses and to throw it straight in the bin. Students have been told to tell their parents or teachers if they are feeling unwell with a fever or sore throat. We also reminded them about keeping space between others and that they may wear a face mask if they wish.



### K-2 Toilet Upgrade

While the K-2 Toilets are being upgraded, our students in Kindergarten, Year 1 and Year 2 will be using the toilets on Pool playground. The Years 3 - 6 students will be using other toilets at this time. The toilets being used will have an extra midday clean to ensure cleanliness and to top up supplies.

### Kindergarten's Cheers and Tears and Welcome Morning Tea

We are looking forward to officially welcoming Kindergarten students and their families on Monday 3 February. Assessments are taking place throughout this week to determine students' early Literacy and Numeracy skills as part of the Best Start program. This valuable assessment provides an opportunity for teachers to meet one-to-one with their students to determine how best to meet their individual needs.

A 'Cheers and Tears' morning tea will be held on Monday morning outside the Lindfield Activity Centre. We hope that Kindergarten parents take the opportunity to attend after your child has settled into the classroom. We are most grateful to the P&C for their organisation of this event. All parents/carers are welcome of children in any grade. We strongly recommend new families to the school join us.

### Kindy Playmates

The transition to 'big school' is made just a little easier and a lot more fun with a program called Playmates, which teams Kindergarten children up with Year 5 and 6 mentors in a daily playground orientation. The program has a range of benefits including:

- understanding and following new school rules
- discovering and learning how to play playground-based games
- initiating and developing friendships.

The general idea of the Playmates program is to allow the new Kindergarten students to experience lunch breaks in a settled, organised and supervised manner for part of Term 1.

### House Captain Elections

This term our Year 6 students will have the opportunity to become House Captains. Students who completed the leadership course in 2019 will be eligible for the positions. Students will present a short speech to their house group describing their sporting experience and the leadership qualities they exhibit. Good luck to all students trying out for these positions!



## PSSA Try Outs and Sport on Friday

This term our PSSA sports are cricket (for boys and girls) and touch football. We are planning to have two sessions for try outs to allow for students who have not yet returned to school. On Friday morning students in Years 3-6 have the first opportunity to try out for these teams. Mr Elsley has recorded names of students wanting to try out. The cost of participating in Summer PSSA will be approximately \$100 for Term 1 and Term 4. At this stage PSSA is scheduled to commence in Week 3. Students who do not try out for PSSA will take part in school sport. All Years 3-6 students should wear their sport uniform on Friday as all students will do sport.

## Ethics Teachers Needed Urgently for 2020

We are looking for a number of willing volunteers to teach Ethics at Lindfield in 2020. Volunteers would be required to undergo some training, attend a face-to-face workshop and be prepared to teach at school from 10:30-11:00am each Tuesday during term time. If you would like to volunteer please contact Mr Hayllar ([peter.hayllar@det.nsw.edu.au](mailto:peter.hayllar@det.nsw.edu.au)) or Dr Sonya Willis ([sonya.willis@mq.edu.au](mailto:sonya.willis@mq.edu.au)) via email for more information.

## Assemblies

Our K-2 and 3-6 assemblies will commence in Week 4 this term. The assembly for 3-6 students will be held on Tuesday afternoons at 2pm and our K-2 assembly will be held on Thursday afternoons at 2pm in even weeks of term. A roster of classes presenting their work at assembly will be published soon. All parents/carers are always welcome to attend.

Angela Mustaca  
**K-2 Deputy Principal**

Peter Hayllar  
**3-6 Deputy Principal**

## 5 Easy Steps to Staying Informed

### SkoolBag

SkoolBag is the easiest way to stay up-to-date with school events, last minute notices, newsletters and all your school's communications.

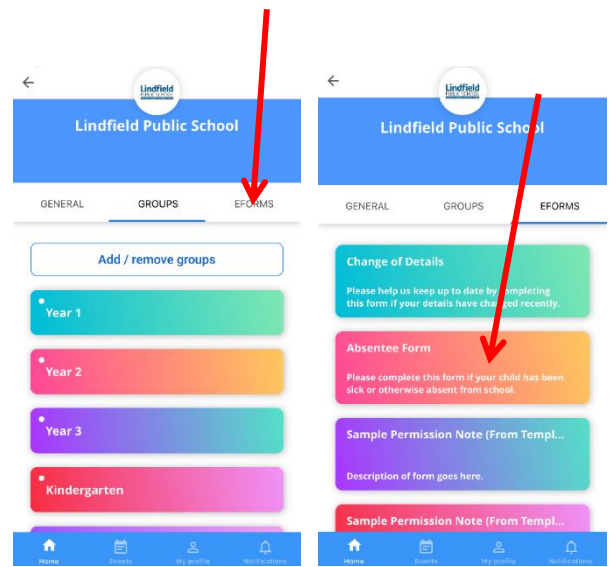
- 1. Download SkoolBag**  
Search SkoolBag in the Apple App or Google Play Store, download the FREE app:  
SkoolBag: School Communication
- 2. Create an Account**  
Follow the prompts to create your account in seconds.
- 3. Add your School**  
Type your school's name and press enter. Tap the plus icon to add.
- 4. Allow Notifications**  
Ensure you Allow SkoolBag to send you push notifications when prompted.
- 5. Subscribe to Groups**  
Select Year Groups / Sports Teams to appear in your feed.

**SkoolBag**

## Absentee Notification

We would appreciate it if you record student absences via the **Skoolbag app** which can be downloaded from the app store. Just search for Lindfield Public School.

1. Simply open the app
2. Select the eForms tab
3. Select the Absentee Form tab



## Medical Alert Updates 2020

Please ensure all children with anaphylaxis and other medical conditions hand in their updated Action Plans. Kindly ask your doctors to sign, stamp and date them. The school needs to receive a coloured copy of the Action Plan for our health records. All students with a known medical condition must provide updated health plans for 2020. Thank you for your ongoing support.

## Notes Sent Home

Notes are available to download from the school website:

<https://lindfield-p.schools.nsw.gov.au/notes.html>

Please look under the 'Notes' tab.

## Anaphylaxis at Lindfield Public School

At Lindfield Public School in 2020, we have a small number of children who could have a potentially life threatening allergic reaction. They are found across our school from Kindergarten to Year 6.

How can parents help these children?



- Choose alternative sandwich spreads to peanut butter and Nutella. Inform your child that these foods can trigger an anaphylactic reaction.
- Reinforce the school's **NO FOOD SHARING** message.

**Please note, no students are allowed to bring glass bottles to school for safety reason**



FOR ALL KINDERGARTEN PARENTS:

WHETHER YOU ARE SHEDDING A FEW TEARS OR  
SHOUTING A FEW CHEERS AS YOU WAVED GOODBYE TO  
YOUR KINDERGARTENER, WE HOPE YOU CAN JOIN US FOR  
A CHAT, SOME NIBBLES AND REFRESHMENTS

# Cheers & Tears

## Morning Tea

First Day of Kindergarten

MONDAY 3 FEBRUARY 2020 9AM - 11AM

Venue: Lindfield Activity Centre (After-School Care)

Meet representatives from the P&C and Sub-Committees. Find out about the wonderful activities our school has to offer, discover how you can get involved, meet new parents and catch up with old friends.

Everyone Welcome!



# **Welcome back BBQ**

**Come and  
meet your  
new classmates  
Parents  
and carers  
all welcome**

**Friday  
7 February  
5pm-7pm**

SAUSAGE SIZZLE  
CANTEEN OPEN FOR DRINKS AND SNACKS  
OR BYO FOOD  
(NO ALCOHOL PERMITTED)



**Volunteer sign- up**

<https://www.signupgenius.com/go/70A044BA9A722ABFC1-welcome>

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## Clothing Pool

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# Welcome to 2020

The **Clothing Pool** will be open during term time on  
Wednesdays and Thursdays from **8:30 am - 9:30 am**

Don't forget the **ONLINE ordering** option – easy and secure via the P&C website. Orders are then delivered to your child's class, usually on Wednesdays or Thursdays.

The Clothing Pool is plastic bag free. Please bring along a bag to carry your items home in.

**PLEASE LABEL YOUR BELONGINGS**



Week 1	Wed 29 Jan	Thu 30 Jan
	Greti Lindsay Tina Cabela Jessica Gregg	Greti Lindsay Sonja Willis Kristine Bennett

Week 2	Wed 5 Feb	Thu 6 Feb
	Greti Lindsay Penny Yue Catherine Liu	Greti Lindsay Belinda Wright Sally Matthews

**Convenor** – Jessica Gregg

**Clothing Shop Manager** – Greti Lindsay

[orders@lpspandc.org.au](mailto:orders@lpspandc.org.au)

<b>CANTEEN</b> To volunteer please text Cara on 0402057462 or email <a href="mailto:lpsscanteenvolunteer@gmail.com">lpsscanteenvolunteer@gmail.com</a>		29-Jan	30-Jan	31-Jan
		Agnes Lau	Jane Downey	HELP 9-12PM
		Ada Fong	HELP 9-2PM	HELP 9-12PM
		HELP 11-3PM	HELP 11-3PM	HELP 9-12PM
				HELP 9-12PM
3-Feb	4-Feb	5-Feb	6-Feb	7-Feb
HELP 9-2PM	Jane Sim	HELP 9-2PM	Jane Downey	Merryn Sherriff
HELP 11-3PM	HELP 11-3PM	HELP 9-2PM	HELP 9-2PM	Elizabeth Sullivan
		HELP 11-3PM	HELP 11-3PM	HELP 9-12PM
				HELP 9-12PM
				HELP 9-12PM
10-Feb	11-Feb	12-Feb	13-Feb	14-Feb
HELP 9-2PM	HELP 9-2PM	Amy Sillett	Kellie O'Keeffe	Megan Ulrick
HELP 11-3PM	HELP 11-3PM		Jane Downey	HELP 9-12PM
		HELP 11-3PM	HELP 11-3PM	HELP 9-12PM
				HELP 9-12PM
				HELP 9-12PM
17-Feb	18-Feb	19-Feb	20-Feb	21-Feb
HELP 9-2PM	Jane Sim	HELP 9-2PM	Jane Downey	Megan Crane
HELP 11-3PM	HELP 11-3PM	HELP 9-2PM	HELP 9-2PM	Elizabeth Sullivan
		HELP 11-3PM	HELP 11-3PM	HELP 9-12PM
				HELP 9-12PM
				HELP 9-12PM
24-Feb	25-Feb	26-Feb	27-Feb	28-Feb
HELP 9-2PM	HELP 9-2PM	Patricia Stiles	Jane Downey	Sunhyun Kim
HELP 11-3PM	HELP 11-3PM	Sonia Koo	HELP 9-2PM	HELP 9-12PM
			HELP 11-3PM	HELP 9-12PM
				HELP 9-12PM
				HELP 9-12PM
2-Mar	3-Mar	4-Mar	5-Mar	6-Mar
Lesley Glass	Jane Sim	HELP 9-2PM	Kellie O'Keeffe	Elizabeth Sullivan
HELP 11-3PM	HELP 11-3PM	HELP 9-2PM	Jane Downey	HELP 9-12PM
		HELP 11-3PM	HELP 11-3PM	HELP 9-12PM
				HELP 9-12PM
				HELP 9-12PM
9-Mar	10-Mar	11-Mar	12-Mar	13-Mar
HELP 9-2PM	HELP 9-2PM	HELP 9-2PM	Jane Downey	HELP 9-12PM
HELP 11-3PM	HELP 11-3PM	HELP 9-2PM	HELP 9-2PM	HELP 9-12PM
		HELP 11-3PM	HELP 11-3PM	HELP 9-12PM
				HELP 9-12PM
				HELP 9-12PM
16-Mar	17-Mar	18-Mar	19-Mar	20-Mar
HELP 9-2PM	Jane Sim	HELP 9-2PM	Jane Downey	Elizabeth Sullivan
HELP 11-3PM	HELP 11-3PM	HELP 9-2PM	HELP 9-2PM	HELP 9-12PM
		HELP 11-3PM	HELP 11-3PM	HELP 9-12PM
				HELP 9-12PM
				HELP 9-12PM
23-Mar	24-Mar	25-Mar	26-Mar	27-Mar
HELP 9-2PM	HELP 9-2PM	Patricia Stiles	Kellie O'Keeffe	HELP 9-12PM
HELP 11-3PM	HELP 11-3PM	Sonia Koo	Jane Downey	HELP 9-12PM
		HELP 11-3PM	HELP 11-3PM	HELP 9-12PM
				HELP 9-12PM
				HELP 9-12PM
30-Mar	31-Mar	1-Apr	2-Apr	3-Apr
HELP 9-2PM	Jane Sim	Pamela Fijan	Jane Downey	Elizabeth Sullivan
HELP 11-3PM	HELP 11-3PM	HELP 9-2PM	HELP 9-2PM	Karen Reynolds
		HELP 11-3PM	HELP 11-3PM	HELP 9-12PM
				HELP 9-12PM



# HELP PLEASE!

# WATER...

**The gardens are dry and there is no rain coming any time soon**

If your child has water in their water bottle at the end of the school day that would otherwise be tipped down the sink, please encourage them to pour it onto a plant instead (especially a droopy looking one). It would be a great help.



## Thank you to today's helpers



Can you help? Contact [lindfieldleaf@gmail.com](mailto:lindfieldleaf@gmail.com) or call Merrin on 0429 235 104



# NETBALL 2020

## KEY DATES

Lindfield Netball Club is part of the Ku-ring-Gai Netball Association and fields teams from Under 7 to Opens.

Our teams are made up from children from East Lindfield Public School, Lindfield Public School, Holy Family School, Lindfield Learning Village, Killara High and other local schools. We welcome new players of all ages.

### KEY DATES

If you would like to play for Lindfield Netball Club in 2020, following are the key dates to note in your diary.

#### REGISTRATION - ONLINE

Online registration opens January 1, 2020, visit:  
[lindfieldnetball.org](http://lindfieldnetball.org)

#### CLUB LAUNCH DAY

Sunday February 2, 4 - 6pm  
Venue: Lindfield Sports Centre, Highfield Rd

#### GRADING DAYS

Sunday February 16 and Sunday February 23  
Venue: Pymble Ladies College, Indoor Courts



Don't forget to utilise  
**THE ACTIVE KIDS VOUCHER.**  
You will need your voucher prior to  
registration to receive the discount.

For all the latest  
news follow  
**Lindfield Netball Club**



For more information about the Lindfield Netball Club  
please contact: [secretary@lindfieldnetball.org](mailto:secretary@lindfieldnetball.org)