

Principal: Megan Lockery

Deputy Principal K-2: Angela Mustaca

Deputy Principal 3-6: Peter Hayllar

UPCOMING EVENTS

Thursday 27 June

Vivaldi at Croydon Public School for rehearsal

Sunday 30 June

LEAF Weeding Hour 3-4pm

Tuesday 2 July

Lindfield Blue Assembly

Wednesday 3 July

Concert Band to Cromehurst School

Thursday 4 July

Years 5 & 6 Art Display in the Hall

Friday 5 July

Last Day of Term 2

Monday 22 July

Staff Development Day

Tuesday 23 July

Students return for Term 3

Sunday 28 July

LEAF Working Bee 9am-1pm

Monday 5 – Friday 9 August

Book Fair in the Library

Monday 5 August

Kindergarten Farm Excursion

Years 5 & 6 Parliament House Excursion

Highlander Shield

Wednesday 7 August

Grandparent's Day/Open Day 9:30am

Further upcoming events can be viewed by clicking on Calendar on the home page of the school website: <https://lindfield-p.schools.nsw.gov.au/>



Education

PSSA Boys Soccer

Week 9 Friday 28 June

Division 1 – North Turrumurra Recreational Area, Turrumurra

Division 2 – Primula, Lindfield

Lindfield Lines

Term 2 Week 9

26 June 2019

Principal's Message

Sports Awards

Ribbons were presented to our placegetters in school Cross Country and Athletic Track events at Friday's Years 3-6 assembly. Congratulations to all competitors and placegetters. In the Cross Country Carnival Rosella and Kookaburra won with 315 points, with Lorikeet in second place with 308 points and Currawong in third place with 287 points. Well done, Rosella and Kookaburra!



School Cross Country Placegetters

Zone Cross Country Placegetters
Estelle O, Grace B,
Kristian N and
Sebastian N
(Spencer T absent)



School Track Event Placegetters

Save the Date – Grandparent's Day / Open Day

We warmly invite all grandparents, parents and friends to join us for our annual Education Week celebration of Grandparent's Day/Open Day on:

Wednesday 7 August commencing at 9:30am

A program will be issued closer to the date.

Roof Work in the Holidays

During the July holidays, the Kindy and Year 1 blocks will undergo roof replacements. This means that these blocks, Maple Playground, Grosvenor Rd carpark will be affected. Lindfield Activity Centre will still run Vacation Care. On some days, parents may need to access LAC via the gate near Pool Playground or via Gladstone Pde as the carpark may be full of trucks and a crane for part of the vacation. Thanks for your cooperation.

Years K-2 and 3-6 Assembly



Last week we celebrated with nine students who were presented with their Gold Awards. Blue Assembly award winners were praised for their efforts in academic and social areas. Keep up the good work, boys and girls!

1PT entertained us with a song "Daddy's taking us to the Zoo" and shared their Project-based learning posters on animals.



Birthday Celebrations

We love to celebrate birthdays at school as students enjoy sharing this special day with their friends. As we have many students in the school with allergies, some of whom are at risk of anaphylactic reactions, we ask that you kindly assist us with your choice of birthday treat. Cakes, donuts and other items that contain nuts or traces of nuts should not be sent to school. A good option to consider is the 'Birthday Bucket' of iceblocks offered by our Canteen. It can be ordered via Flexischools and suits most students' dietary requirements. If your child does suffer from allergies, please supply the class teacher with an appropriate treat for them to have in case the birthday offering would cause them to have an allergic reaction. Thank you for your cooperation and assistance in keeping our students safe.



Evacuation Drill



Our Evacuation Drill was a great success with all students, staff and visitors moving to the Assembly Point on Palm Playground within eight minutes of the siren sounding. It was an excellent opportunity to practise our procedures for duck, cover and hold; lockdown and evacuation.

Megan Lockery
Principal

Deputy Principals' Message

“Be the change you want to see in this world” - Ghandi

‘Lindfield Public School Wynne Prize.’



Stage 3 cordially invite you to the ‘Stage 3 Wynne Prize’. Join us as young artists showcase their artistic finesse on Thursday 4 July 2019 in the Hall from 9am - 11am. Student have worked diligently to express their connection to a special landscape and will display these talents at our very own 'Wynne Prize.'

Viewing sessions will be as follows:

9.00-9.30- 5/6S and 5C

9.30-10.00- 6R & 5V

10.00-10.30- 5/6A

10.30-11.00- 6N & 5K

NSW Police Parent Information Evening

North Shore Police are holding an information night for parents of young children on 14 August. The session will run for one hour with a 30 minute presentation from the Office of the Children's Guardian about speaking to young children about protective behaviours, and a 30 minute presentation from Police about preventing online grooming.

Each school has been allocated a small number of places. There will be limited space so unfortunately we can only offer this opportunity to the next four people to register. If you would like to register to attend please contact Peter Hayllar on peter.hayllar@det.nsw.edu.au or the school on 9416 1903.



Stage 3 Spelling Bee Finalists - sesquipedalian

Last week Stage 3 students competed in the Spelling Bee Final to find out, once and for all who was the best of the best at Lindfield PS. We had two overall champions. Congratulations to Zolly (5/6A) and Sophie! (5/6S). Some of the more challenging words in the competition were: *parenthesis*, *buccaneer* and *escarpment*. Keep practising you two and good luck at the regional finals. For more information about the Premier's Spelling Bee please follow the link: <https://www.artsunit.nsw.edu.au/premiers-spelling-bee>



Kindergarten Enrolments 2020

We are now taking enrolments for Kindergarten 2020. Please see the 2020 Kindergarten Orientation Outline in this week's Lines for details of events. We are looking forward to meeting our new families and students!

Canteen Helpers Urgently Needed

Did you know that we have 826 students currently enrolled at Lindfield Public School? The Canteen makes over 1,200 lunches every week and runs predominantly with volunteers every day of the school week. The Canteen needs at least 15 volunteers every week. If you are available to spare some time to help our amazing canteen volunteers could you please text Cara on 0402 057462 or email lpscanteenvolunteer@gmail.com. Your help would be appreciated - it can be once a month, once a term or once a year. Every little bit of time helps.

Digital Literacy

Because innovation occurs so fast in the electronic world, many parents may feel as though they cannot help their children navigate the endless expanse of the Internet. But, even if they do not know everything about every technological advance, parents are a crucial stakeholder in teaching children the safe and healthy use of the Internet. As schools work to discuss principles of online safety in the classroom, parents can reinforce the media literacy educational messages at home and form a powerful partnership for helping children become effective cybercitizens. Over the next two weeks we will share some fact sheets about apps that your children might be engaging with - please note the recommended age rating for each application.

the Carly Ryan foundation · APP FACTS

FORTNITE Age Rating in the App Store: **12+**

Fortnite is an online gaming platform allowing up to 100 users per game to drop on to an island/map in the hunt for weapons and equipment. The users then hunt each other down in the hope to become number 1.

Battle Royale mode provided by epic games is free to download and available for everyone. Users have the choice to buy cosmetic items (micro transactions) which allows their character to look unique to others.

Concerns
Users are able to connect with other random users around the world. When holding down "T" the game will allow the user to chat with any other user. This poses potentially inappropriate contact between users.
Be aware if your child is using your App Store / Google Play Store to play Fortnite they may be able to use the micro transaction function which will spend money off the linked credit card to the account.
How do I report / unfriend another user?
Users can report other users for harassment, inappropriate language, bullying and hacking.
To report
Fortnite recently updated their standard contact interface to accommodate player reports. Just click 'Email Us' and fill out the required fields. After selecting the Product and Game Mode, select Report Player as the Issue Type. This will make sure these reports are routed to the correct team.
A few helpful tips when reporting players:
Make sure to include the player(s) full in-game name, spelled as accurately as possible!
If it looks like the player is using unusual or uncommon characters in their in-game name, screenshots are totally acceptable documentation. Speaking of screenshots: screenshots & video are incredibly useful for validation. If you captured screenshots or videos of the offence, attach them. If you have links to streaming video of bad behaviour, include them!
<http://fortnitehelp.epicgames.com/customer/portal/articles/2843190>
If a user wants to delete a 'friend' within the game they can simply go to the icon on the top right of the screen with the three figures and select the user and click 'unfriend'. There is no way to block a user in the game. If a user is harassing another user they should follow the appropriate steps above to report them.
Make sure you talk to your child about appropriate behaviour whilst they are playing video games. It is never okay to bully or be mean to other players. If your child is getting bullied or harassed make sure they know that they can always come to you or a trusted adult for assistance.
If things get too intense within the game, make sure they know that they can always mute other players or simply leave the game. Your young person also needs to be aware to never disclose personal or private information to other users within the game and to only talk to people about the game itself.

More App Fact Sheets available from the Carly Ryan Foundation. Please email: info@carlyryanfoundation.com

carlyryanfoundation.com

[TheCarlyRyanFoundation](#) [@thecarlyryanfoundation](#) [@TeamCarlyCRF](#)

the Carly Ryan foundation · APP FACTS

SNAPCHAT Age Rating in the App Store: **13+**

Snapchat is an application which is free to download on iOS and Android devices that allows users to send images and videos 'snaps' to each other.

How does it work?
The receiver of the 'snap' can view it for up to 10 seconds (depending on what time the sender sets). After the allocated time the 'snap' will then 'dissolve'. If the receiver screenshots the snap the sender will be notified. Keep in mind there are ways around this ensuring that the sender doesn't get notified if a screen shot is taken, so keep in mind that nothing is private on Snapchat and everything is easily retrievable.

Concerns
Snapchat is the number one application used for 'sexting' or 'sending nudes' between underage people. Users must be mindful of the social and legal consequences of sending images like these. If the user is under 18 years old it is illegal for them to produce or possess these types of images. It is classed as child abuse images.
Child abuse pictures are illegal if they are:
● asked for;
● taken;
● received and kept; or
● sent, posted or passed around
These actions are a crime even if the picture is only of you, your boyfriend / girlfriend or someone else who says it's ok. Even if a picture is not child abuse material, asking for or sending a nude / sexy photo can be an indecent act and this is a crime. The maximum penalties for child abuse material can be up to 15 years in jail and being placed on the sex offender register. The maximum penalty for an act of indecency is 2 years in jail if the person in the picture is under 16. If the person is over 16, the maximum penalty is 18 months in jail. http://www.lawstuff.org.au/news_low/topics/sexting/

Privacy
Privacy settings that are available within Snapchat are the ability to restrict who can send a user photos or videos, 'snaps'. This can be enabled by going into the Settings menu, select 'Who can send me snaps', then select 'My Friends'. This will ensure only people the user knows will be able to connect with them via the application. It is important to read the Snapchat privacy policy as it provides information about how the images and videos are stored and used. Users need to be aware that Snapchat has the right to reproduce, modify and republish photos and videos, and save them to the Snapchat servers, particularly in relation to the 'Live Story' feature.

Snap Map
The feature is designed to help friends meet up or attend events together. This could be abused by others or used to track users. It shows exactly where the user is at all times and exactly what they're doing i.e. driving a car, reading listening to music etc. To hide your location from friends, you can turn on 'ghost mode' in Snap Map.
To do this, pinch the screen when you are in camera to bring up Snap Map. Click the settings icon in the top right hand corner and set the phone to 'ghost mode'. Then Snapchat will stop sharing your location.
Be mindful who you are sharing images with and always remember that everything on the internet is permanent. Make sure you are happy for potentially anyone to see your snaps.

How to block a user
● Go to your friends list.
● Tap the name of the offending friend.
● Hit the gear icon that appears next to their name.
● Select Block to stop receiving Snapchats from that person or pick Delete if you want to remove him or her from your contacts.

How do I report abuse on Snapchat?
To report a Story on Snapchat, just press and hold on the offending Snap until a flag button appears in the bottom-left corner. To report a Snapchat account, press and hold on that Snapchatter's name and tap the flag button.
To report a Story on the web from your computer, click the button on the video, then click 'Report'.

More App Fact Sheets available from the Carly Ryan Foundation. Please email: info@carlyryanfoundation.com

carlyryanfoundation.com

[TheCarlyRyanFoundation](#) [@thecarlyryanfoundation](#) [@TeamCarlyCRF](#)

Lindfield Public School 2020 Kindergarten Information



Parent Information Evening

Wednesday 28 August 2019 at 6:30pm in the School Hall

This is an introduction to Lindfield Public School and information about school readiness.

**Parent Information and Kindergarten Orientation Visits
Thursday 7 November and Thursday 14 November 2019
from 9:30am to 11:00am**

Children will visit Kindergarten classrooms and participate in various activities. A School Tour will be part of the Orientation Program. At the conclusion of the morning's activities, children have morning tea on our Camphor Laurel playground (please supply a piece of fruit for your child).

While the children are visiting the Kindergarten classrooms, there will be information sessions for parents/carers in the School Hall.

Please attend BOTH Orientation Days.



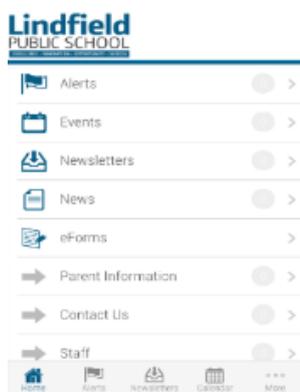
Absentee Notification

We would appreciate it if you record student absences via the **Skoolbag app** which can be downloaded from the app store. Just search for Lindfield Public School.

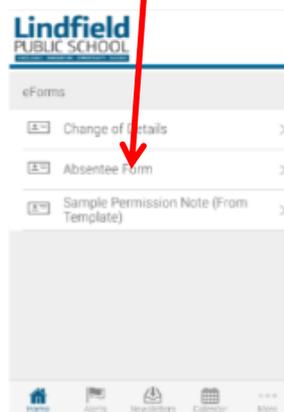
Simply open the app



Select the eForms tab



Select the Absentee Form tab



Community Notice Board

All community notices/flyers can now be found under the Parent and Community link on our website. <http://www.lindfield-p.schools.nsw.edu.au/p-c-website/community-notice-board>

Medical Alert Updates 2019

Please ensure all children with anaphylaxis and other medical conditions hand in their updated Action Plans. Kindly ask your doctors to sign, stamp and date them. The school needs to receive a coloured copy of the Action Plan for our health records. All students with a known medical condition must provide updated health plans for 2019. Thank you for your ongoing support.

Notes Sent Home

Notes are available to download from the school website: <http://lindfield-p.schools.nsw.gov.au>
Please look under the 'Notes' tab.

Work on Display



Work on display in the office for this week
1B and 3Z

Anaphylaxis at Lindfield Public School

At Lindfield Public School in 2019, we have a small number of children who could have a potentially life threatening allergic reaction. They are found across our school from Kindergarten to Year 6. How can parents help these children?

- Choose alternative sandwich spreads to peanut butter and Nutella. Inform your child that these foods can trigger an anaphylactic reaction.
- Reinforce the school's **NO FOOD SHARING** message.



Please note, no students are allowed to bring glass bottles to school for safety reasons

Library

Our School Library

<https://library.det.nsw.edu.au>

2019 Premier's Reading Challenge

<https://online.det.nsw.edu.au/prc/studentExperience.html>

Well done to the following students who have completed their Student Reading Records over the last week!

All books need to be logged online via the NSW PRC website using your child's school login details by Friday 30 August. This is the same username and password they use to log into the computers at school.

K-2

Bella B
Isaac C
Ollie M
Francesco P
Natasha S
Lily S

3-4

Carrine K
Emily H
Deves M

Challenge	Number of books you must read	Minimum number of PRC books	Maximum number of Personal Choice books	PRC booklists you can read from
K-2	30	25	5	K-2, 3-4, 5-6, 7-9
3-4	20	15	5	3-4, 5-6, 7-9
5-6	20	15	5	5-6, 7-9
7-9	20	15	5	5-6, 7-9

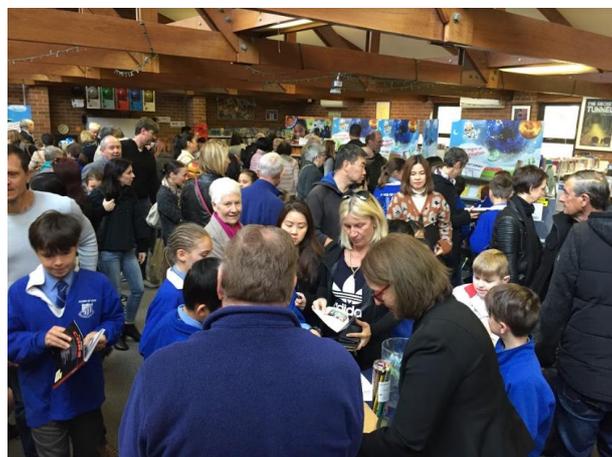


Save the Date – Book Fair!

Our annual Book Fair will be taking place in Term 3 Week 3 in the Library. This year our books will be supplied by Scholastic. Parents, carers and students will be able to purchase these books before and after school each day during Week 3. Plus, to coincide with our school Open Day and Grandparent's Day, the Library will be open all day that Wednesday! The students will have the opportunity to view the books and fill out a wish list the week before the Fair begins during their Library time. More information will go home closer to the event!

We hope to see you there!

Happy reading!
Renee Chapman and Rachel Loftus
Teacher Librarians



Book Fair – Open Day/Grandparent's Day 2018

Debating Report

On Tuesday 25 June, Team 2 travelled to Lane Cove West Public School to debate the topic 'That public transport should be free' as the Negative Team. It was a very tough debate that came down to a battle of definitions. Unfortunately, the win was awarded to Lane Cove West Public School. Well done to Sophia D, Kaeya J, Poppy H and Madeleine S for a fantastic debate!

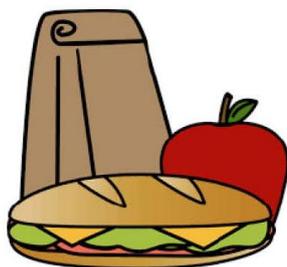


Renee Chapman and Ameet Sian
Debating Coordinators

Can you help in our Canteen?



+



=



**We have 826
students at LPS**

**The Canteen makes over
1,200 lunches a week, that
is 12,000 lunches a term !**

**The Canteen runs predominately with
volunteers 5 days a week. We need to
fill 15 volunteers shifts per week.
15 members of the school community
per week makes all the difference.**

If you are able to spare any time to assist in the Canteen please text Cara on 0402 057 462 or email lpscanteenvolunteer@gmail.com It can be once a month, once a term or even once a year.



Part-Time Work

1X Permanent Part-Time position – Lindfield Public School – 000073J8

Help protect our vibrant school communities

Become a School Crossing Supervisor!

- Keep our kids, parents and teachers safe on the road
 - Be a second pair of eyes for our local motorists
- Earn an income and still have time to live your life to the fullest

School crossings require 22.3 hours of supervising per fortnight. Shifts fall between 8.15am – 9.30am and 2.30pm – 3.30pm, Monday to Friday during the school term.

Does this sound like you?

- ✓ Reliable in good or bad weather
- ✓ Good communication skills
 - ✓ Community spirit
 - ✓ Positive energy

If it does, visit iworkfor.nsw.gov.au to apply today!

Applications close Sunday, 30 June 2019



Transport
Roads & Maritime
Services



WEEDING HOUR – 3-4pm THIS SUNDAY, 30 June

The forecast is for sunshine, so bring your gloves, garden forks and any other useful implements and help with a big tidy up of the new Grosvenor Road carpark entry garden. All ages welcome.



SAVE THE DATE

Our annual working bee is on!

9am–1pm SUNDAY 28 JULY

We will be weeding, mulching, tidying, planting. Everyone welcome!

If you can spare an hour, or come for the whole day, there is plenty to do and you don't need any garden experience. All ages welcome.



Can you help? Contact lindfieldleaf@gmail.com or call Merrin on 0429 235 104



P&C Swimming Administrator

Casual Position Vacant

Key responsibilities include:

- Primary point of contact for parents, coaches, external contractors, P&C and School
- Maintenance of swimmer enrolments, payment, attendance records, grading levels and waitlist
- Maintenance of swimming information, registrations and payment on P&C website
 - Organisation of rosters, catering and co-ordination of fundraising activities
 - Co-ordination of pool maintenance matters
 - Organisation of supplier payments
 - Budget and financial performance review

The position will suit someone with excellent attention to detail and a proven customer service record. You must be proficient in Excel. While the role is generally flexible, there are times you must be available on pool deck and the average 20 hours/week may extend to full time at peak periods. If you have any questions about the position please contact Tina Cabela.

***If you are interested in applying please forward your CV to Tina Cabela
administrator@lpspandc.org.au by Sunday 7 July 2019***

LPS Class Social Calendar



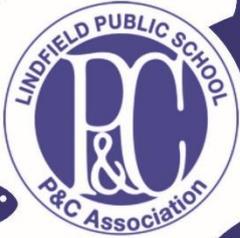
Date	Class	Event and Venue	Time
Sunday 30 June	2T	Class Picnic, Queen Elizabeth Reserve, Lindfield	12-2pm

To have your function in the Lindfield Lines please email cpclindfield@gmail.com by 8pm Monday.

Jen Jarick

Class Parent Co-ordinator

cpclindfield@gmail.com



Lindfield Public School

SAVE the DATE

**FATHER'S DAY
BREAKFAST**
Friday 30 August

More details to follow



Canteen

+ Barley + 7 Seeds Bar \$1.50

Whole grain bar and excellent source of fibre. No preservatives; No artificial colours or flavours; Non-GMO.

Please note these bars contain sesame seeds

+ Choc Mud Bar \$1.50

Gluten Free; No added sugar
Choc Mud Bars.

Please note these bars contain sesame seeds



New!

Yummy and nutritious items available at lunch and recess.

Choc Mud bar - **gluten free** with no added sugar.

Seven Seeds bar – **no artificial colours or flavours and no preservatives.** Contains 32% of daily fibre needs.

**Half a day of your time will make a huge difference.
We cannot run the canteen without your help.**

<p>To volunteer please text Cara on 0402057462 or email lpscanteenvolunteer@gmail.com</p>			27-Jun	28-Jun
			Jane Downey (K, 3)	Craig Norwell 9-2pm
			Amanda Hawkins (K, 3)	Eva Chen
			Jane Sim (3, 5)	Catherine Chai (2, 4)
			Celina (11-3pm) (K)	Katharine Chia
			Help! 9-12pm	
1-Jul	2-Jul	3-Jul	4-Jul	5-Jul
Eva Chen	Min Li (2, 6)	Chang Chong (K)	Jason Zheng (K)	Karen Reynolds (2)
Help! 11-3pm	Lisa Zhao (K)	Help! 9-2pm	Jane Downey (K, 3)	Elizabeth Sullivan (3)
		Help! 11-3pm	Help! 11-3pm	Help! 9-12pm
				Jen Jarick (2, 5)
				Cara Rogers (3)

Sarah Burnett
 Claudette Mann
 Katrina Tottenham
Canteen Managers
canteen@lpspandc.org.au

Clothing Pool



Clothing Pool Opening Hours: 8:30 am - 9:30 am Wednesdays and Thursdays

Don't forget the **ONLINE ordering** option – easy and secure via the P&C website. Orders are then delivered to your child's class, usually on Wednesdays or Thursdays. **PLEASE** include your child's name and class. The Clothing Pool is plastic bag free. Please bring along a bag to carry your items home in.

Please label your belongings



Clothing Pool is closed in Week 10

Our Upcoming Volunteers' roster:

	Wednesday 26 June	Thursday 27 June
Week 9	Greti Lindsay Michele McCarthy	Greti Lindsay Nguyet Nguyen
Week 10	Wednesday 3 July	Thursday 4 July
	closed	closed

Convenor – Jessica Gregg

Clothing Shop Manager – Greti Lindsay

orders@lpspandc.org.au

Social Justice

WARM UP SOMEONE'S WINTER!

What: Please gather fleeces, warm clothing and blankets you no longer need.

Why: To help those struggling to stay warm this winter we will gather these for **St Vincent de Paul**.

Where: Please drop your items into the silver box in the Breezeway outside the Canteen.

When: Until the end of term.

Thank you for helping our children to make a difference for those who need a hand.

Sarah Rosewell

Social Justice Committee Convenor



St Vincent de Paul Society
good works



Band

Please come to the Band Committee meeting tonight – 7:30pm

If your children thought Music Camp was just fantastic - please come and enjoy some refreshments with the team that made it all happen. These amazing events for your children can't happen without the help and support of parents, so we extend an open invitation to all Band families to join us tonight **at 7:30pm in the Staff Room.**

Calling all musicians to join Orchestra 2019!

We are delighted to confirm that the first Orchestra Rehearsal will be held this Sunday 30 June from 2:45-5:00pm in the School Hall. Orchestra is open to all Band members and is the most amazing opportunity to play alongside Strings musicians and learn a new repertoire (including some fabulous 'classics'!) under both Band and Strings Conductors.

We also invite any LPS Band Alumni to come back and join in the music making - this is a terrific opportunity to mentor and share their experience with younger students. Afternoon tea is included - we look forward to seeing lots of Band members there!

Chamber Wind Ensemble debut

Our CWE had the great pleasure of performing recently to residents of the Killara Gardens Retirement Village under Conductor Kristen Bergenson . This debut performance consisting of Doremi, El Condor Passat and Beauty & the Beast was wonderfully received.

This extension program was recently formed for students playing flutes, french horns and clarinets. Students and have been keenly rehearsing each Monday afternoon. Bravo!



CB to perform at Cromehurst School

We wish CB a great performance at Cromehurst School on **Wednesday 3 July** - thank you to all the parent volunteers helping to make this very special performance happen.

Band Calendar

Term 2	
Week 10	Lindfield Blue assembly IB - Tuesday 2 July
Week 10	Cromehurst School performance CB - Wednesday 3 July

For questions or feedback regarding any aspect of the Band program at Lindfield, please e-mail band@lpspandc.org.au.

Seiko and Mark Ruff
Band Co-convenors
band@lpspandc.org.au

Music Camp 2019 - Thank you everyone for making it AMAZING!!



Strings



MUSIC CAMP 2019

As you saw in the photos from last week's Lindfield Lines, the long-awaited Music Camp was truly a success! The deluge on Monday did not curb the enthusiasm of our students. All our Strings musicians had a fantastic time refining their musicality and learning to listen and play together under the guidance of our conductors Mark, Adrian and Tess, and the many tutors that ran the tutorials at Camp. Some of us were lucky enough to hear our Bach, Vivaldi, Ravel and some privileged Amadeus students perform at the Tuesday afternoon concert.

Special thanks again to all our parent volunteers, Mary and Daphne, and the invaluable support from the Band Committee that made this event possible!

For your calendars:

- **Thursday 27 June** – FOIM rehearsal at Croydon Public School– **select Vivaldi students**
- **Monday 22 July** – Staff Development Day – **No Ensemble Rehearsals**
- **Thursday 1 August** – FOIM - **select Vivaldi students**

Strings Committee

strings@lpspandc.org.au

Live Life Well @ School

HEALTHY BALANCED LUNCHBOXES

Pack the core food groups every day to help kids...

GO

Wholegrain breads, grains and cereals give us energy to "go go go". Mix it up with sandwiches, rice or pasta.

GROW

Protein foods (dairy, meat/alternatives) help us grow healthy muscles, bones and teeth. Examples include egg, cheese, yoghurt, hummus, lean ham or tuna.

GLOW

Help kids shine bright by including fruit and vegetables. Try vegie sticks, salad in a wrap, fresh or canned fruit.

Choose to include water as the best drink!

For Go, Grow and Glow lunchbox ideas, visit makehealthynormal.nsw.gov.au



Health
Northern Sydney
Local Health District

Live Life Well @ School

FRUIT, VEGETABLE AND WATER BREAK



Budget crunching
Buying fruit and vegetables in season often means they will be cheaper and better quality.

May	June
Fruit: apples, banana, grapefruit, grapes, kiwifruit	Fruit: banana, kiwifruit, mandarins, grapefruit
Vegetables: broccoli, carrot, cauliflower, mushrooms, potato, pumpkin	Vegetables: broccoli, carrot, cauliflower, potato, pumpkin

For a full seasonal calendar, search 'seasonal produce' at healthykids.nsw.gov.au



Health
Northern Sydney
Local Health District

Chess



The War of the Seven (Chess) Houses comes to an end for some as the Winter Solstice passes by. Spring....still a way off.

Round 7 of the Junior Chess League Primary Schools Competition (Upper North Shore) was held last Friday. Well done to our C's, D's and E's for taking part in this tournament. Now that three of our teams finish up their seasons we have five remaining teams with two rounds to go. It is worthwhile to note that our C's (our Senior Girls) may have won or been joint winners of their division - which is a first for our girls teams and a massive achievement. Well done! Also a quiet note to advise that we have appointed Vedant as one of our Chess Captains for the second semester. Results from last week:

Lindfield A played Wahroonga A for a 1-3 loss (aggregate 9.5-18.5)
Lindfield B played Sydney Grammar B for a 1.5-2.5 loss (14.5-13.5)
Lindfield C played Barker B for a 3-1 win (20.5-7.5)
Lindfield D played Barker C for a 2-2 draw (17-11)
Lindfield E played West Pymble A for a 2-2 draw (7-21)
Lindfield F played St Bernards Berowra Heights A for a 1.5-2.5 loss (12.5-15.5)
Lindfield G played West Pymble B for a 4-0 win (24-4)
Lindfield H played Sydney Grammar I for a 0-4 loss (5-23)

Thank you to all the parents who came to help supervise, drive and otherwise help out and of course to the Canteen for yet another marvelous spread.

This week at Home we have - Lindfield A vs Knox A, Lindfield B vs Wahroonga A, Lindfield F vs Knox C and Lindfield G vs St Bernards Berowra Heights A.

The following teams are traveling - Lindfield G vs Newington Lindfield C.

Good luck teams!

Eric Tse
Chess Co-ordinator
chessclub@lpspanc.org



REGISTRATIONS NOW OPEN!

LINDFIELD PS ORCHESTRA



**OPEN TO LINDFIELD PS
STUDENTS YEARS 3-6:**

Strings
Woodwind
Brass
Percussion

**REHEARSALS START
AFTER MUSIC CAMP**



*"I've never played with strings
before and it sounded so good!"*

*The music was really fun and I
especially liked the doughnuts
and juice boxes!"*



*"It's fun to play with other kids in
the music program and I like not
wearing a uniform on Sundays."*

One rehearsal per month,
Sundays 2:45-5:00pm

**A FANTASTIC
OPPORTUNITY TO
EXPERIENCE THE
MAGIC OF PLAYING
WITH A FULL
ORCHESTRA!**

EMAIL: LINDFIELDPSORCHESTRA@GMAIL.COM TO REGISTER!

17 Jun. 19



CONDUCTED BY
Lindfield Out of Hours Care Centre Incorporated
ABN 43 174 232 249

ANNUAL GENERAL MEETING
Tuesday 2nd July 2019
7:30 p.m. at the Centre
(lower grounds Lindfield Public School,
Grosvenor Rd, Lindfield)

A new Parent Committee is elected each year at the meeting. We encourage all parents to join the Committee.

All Welcome!

Agenda

- Welcome
- Apologies
- Confirm the Minutes of 2018 AGM
- President's Report
- Treasurer's Report & Financial Statements for year ended 31 December 2018
- Centre Manager's Report
- Correspondence
- Election of Office Bearers and Ordinary Committee Members
- Any Other Business
- Date of next General Meeting
- Close

CELEBRATING 30 YEARS SINCE INCORPORATION



OFFICE OF SPORT

CLAIM TWO \$100 ACTIVE KIDS VOUCHERS

All NSW school-enrolled children are eligible for **two \$100 Active Kids vouchers**. The vouchers can be used with any approved Active Kids provider, to help cover costs towards registration or membership fees for sport and active recreation. **Voucher one is valid January to December** and **voucher two is valid July to December**. After 1 July 2019, the second voucher can be claimed immediately after the first voucher.

How to claim your vouchers



Active Kids

Mary Sm|



- 1** Visit service.nsw.gov.au and login to your MyServiceNSW Account
- 2** Click on the Active Kids icon found in your SERVICE tab
- 3** Fill out the requested information (you will need your current Medicare card)
- 4** Print a copy of each voucher or email it to yourself

Visit sport.nsw.gov.au/activekids for terms & conditions and FAQs

How to use your vouchers

- 1** Find a provider by visiting our website: sport.nsw.gov.au/activekids
- 2** Once you have chosen an activity give the voucher number to your activity provider, or log onto your provider's website and enter the voucher number

*Vouchers can always be found in your MyServiceNSW account by looking in the My Applications tab



Winter School Holiday Activities



Check out our school holiday activities for primary school students

Students will receive an interactive presentation on banknote security features and get a sneak peek at the new uncirculated \$20 banknote. They will also be taken on a guided journey through the Museum and learn about the history of Australia.

Sessions for Kindergarten – Year 2

Monday 8th July, 10.00am – 11.30am

Wednesday 10th July, 10.00am – 11.30am

Friday 12th July, 10.00am – 11.30am

Sessions for Year 3 – Year 6

Monday 8th July, 1.00pm – 2.30pm

Wednesday 10th July, 1.00pm – 2.30pm

Friday 12th July, 1.00pm – 2.30pm



Cost: Free

Registrations of interest are now open. To register your child please visit the Museum Website

www.museum.rba.gov.au/events

Important Information:

Offers for attendance to School Holiday sessions will be sent 5-10 business days out from the event. As this is a highly subscribed event we cannot guarantee all registrations will be offered a place for this school holiday period.

Email: museum@rba.gov.au

Phone: (02) 9551 9743

Ground Floor, 65 Martin Place
Sydney NSW 2000



RESERVE BANK OF AUSTRALIA

TUNE IN

HGS 201.9



GIRL GUIDES
AUSTRALIA
NSW & ACT



Scouts
NSW

Hornsby Gang Show: 120 local Scouts and Guides on stage in a musical variety show!

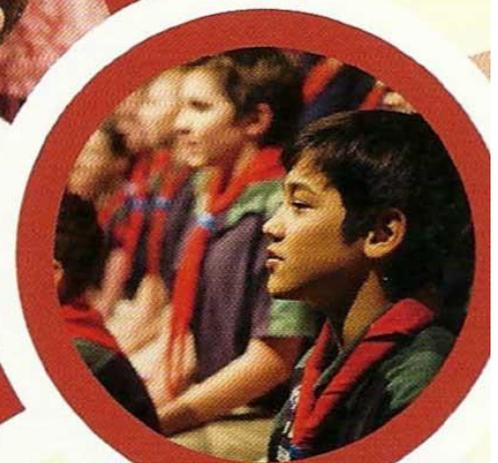
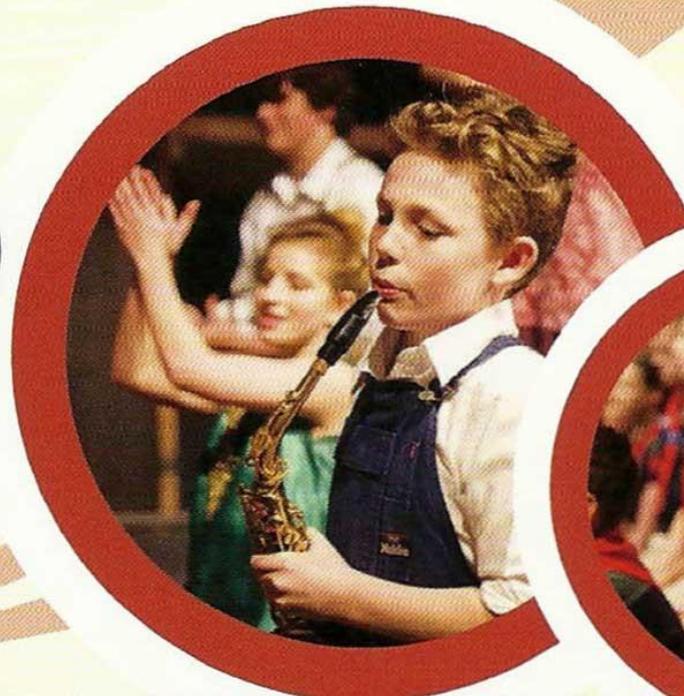
Barker College, Leslie Theatre: 91 Pacific Hwy, Hornsby

Tickets: Adult \$25, Child (under 16years) \$15, Concession \$20, Family (2 adult & 2 children) \$70

Plus booking fee

SHOW DATES 2019

5	July	Friday	8pm
6	July	Saturday	2pm & 8pm
7	July	Sunday	3pm
10	July	Wednesday	8pm
12	July	Friday	8pm
13	July	Saturday	2pm & 8pm



BOOKINGS: WWW.GANGSHOW.COM



School Holiday Program

9-19 July 2019

Ku-ring-gai Council's Youth Services
are offering a range of action packed
holiday activities.

- Meet new friends
- Try something new
- Have fun!



Ku-ring-gai Youth Services
kmc.nsw.gov.au/youth

School holiday opening hours

9-19 July 2019

AWOL

799 Pacific Highway Gordon. (Behind Gordon Library)

Drop in open: table tennis, foosball, PlayStation, Wi-Fi, computers, movies, snacks, games, Wii, card games, arts and crafts, music and more.

Tuesday 9 July - 3pm – 6pm

Thursday 11 July - 3pm – 6pm

Tuesday 16 July - 3pm – 6pm

Thursday 18 July - 3pm – 6pm

The Landing

5 Ray Street Turramurra. (Below Turramurra Library)

Drop in open: table tennis, PlayStation, movies, snacks, games, Wii, card and board games, arts and crafts, music and more.

Tuesday 9 July - 2.30pm – 5.30pm

Tuesday 16 July - 2.30pm – 5.30pm

The Fitz

St Ives Village Green – Memorial Ave St Ives

Drop in open: Air Hockey, pool table, foosball, PlayStation, movies, snacks, games, Wii, music and more.

Friday 19 July - 6pm – 9pm

For more information and how to book visit
kmc.nsw.gov.au/youthevents

 9424 0981  youth@kmc.nsw.gov.au  [kcyouthservices](https://www.facebook.com/kcyouthservices)

Ku-ring-gai Youth Services

kmc.nsw.gov.au/youth





Crisis Support. Suicide Prevention.

Need crisis support now? We're here to help. Call 13 11 14 (24/7)

SYDNEY'S BIGGEST BOOK FAIR

18th - 21st JULY 2019

THU/FRI 9am - 9pm
SAT/SUN 9am - 5pm

**KNOX GRAMMAR SCHOOL
PACIFIC HIGHWAY
WAHROONGA**

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Enquiries: www.lifelineh2h.org.au 02 9498 8805

THANKS TO:



KNOX GRAMMAR SCHOOL

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FIRST AID COURSE

12-24
years

WEDNESDAY 10 JULY 2019

8.45am – 4.30pm Gordon Library

799 Pacific Highway Gordon, Meeting room 2

\$100 (Includes lunch)

This one day course (plus prework) provides you with the skills to administer first aid in a variety of situations that you may face in everyday life.

Participants who successfully pass this one day face-to-face course will receive a **Nationally Recognised Statement of Attainment in HLTAID003 Provide First Aid.**

Bookings close Wednesday 3 July.

catch
training



**Ku-ring-gai
Youth Services**



9424 0981



youth@kmc.nsw.gov.au



kmc.nsw.gov.au/youth