

Principal: Megan Lockery
Deputy Principal K-2: Katrin Cornell
Deputy Principal 3-6: Angela Mustaca

### **UPCOMING EVENTS**

**Thursday 15 November** 

Kindergarten Orientation 2019 Session 2 10-11am

Thursday 15 Nov - Tuesday 4 Dec

Life Education Van

**Tuesday 20 November** 

Thank You Morning Tea –11-11:30am

**Thursday 22 November** 

P&C Meeting 7:30pm

Friday 23 November

No PSSA / Rec Sport

**Sunday 25 November** 

Lindfield Laps

**Tuesday 27 November** 

Year 1 Swimming Carnival

Friday 30 November

Music Spectacular at Killara High School

Last PSSA / Rec Sport

**Tuesday 4 December** 

Year 2 Swimming Carnival

Year 6 High School Orientation – NSW Government High Schools

**Thursday 6 December** 

Mini Fete

Further upcoming events can be viewed by clicking on Calendar on the home page of the school website:

https://lindfield-p.schools.nsw.gov.au/



# **Lindfield Lines**

Term 4 Week 5

**14 November 2018** 

# Principal's Message

# **Congratulations Mrs Cornell**



It is with mixed feelings that I announce to the school community that Mrs Katrin Cornell, our beloved K-2 Deputy Principal, has been appointed Deputy Principal of the new Lindfield Learning Village School, due to

open in 2019. As a valued staff member of our school for over eight years, she will be sorely missed but will do an amazing job of pioneering a new way of teaching and learning at LLV. This position is currently in the appeal period but will take effect from Day 1 2019. Congratulations Mrs Cornell!

# **KM** Assembly

KM entertained us all at assembly last week with their energetic song 'You are the Best' and their fantastic toy making skills. Mozart String Ensemble also performed during this assembly and shared their skills.







# **Respect for our Neighbours**

We have had a number of complaints from our neighbours about our parents/carers parking across their driveways during the morning drop off and afternoon pick up times. Please be aware that this is not only illegal but causes great distress when people cannot even get out of their own driveways. I understand that parking is difficult around the school but please allow extra time and find a safe place that respects our neighbours. Thank you for your consideration.

# **Remembrance Day Assembly**

On Monday, students from Years 2-6 paused to reflect on and acknowledge the sacrifices made by our armed forces in times of war. Students wore poppies as a symbol of remembrance. This year commemorates 100 years since World War 1 ended and our Remembrance Day assembly informed students of the events that took place during the first Armistice Day. Michael R played the Last Post superbly on the trumpet and our student leaders led the assembly with dignity and compassion. The Senior Choir beautifully sang 'The Call'.









# Planning for 2019

### **Dear Parents and Carers**

We are currently planning classes and staffing for 2019. In order to do this, we need to know who is not returning to our school next year and who will be returning late. Thanks to those parents/carers who have already responded to the newsletter request and returned your slip. You do not need to send another form.

If you are leaving Lindfield Public School and not returning in 2019 and have not yet returned a form, please complete the slip below.

If you will be returning later than the first day of school, which is Wednesday 30 January 2019, please complete the 'Late Return' slip. If you will be returning to school later than 12 February 2019, you will also need to apply for Extended Leave. The Extended Leave form is available from the office and the school website under 'Notes'.

Thank you for your prompt attention. Forms can be submitted to the office or placed in the Administration Box.

Princi	n Lockery pal		
Stuc	dent/s Not Returning to Lindfield	Public School in 2019	
Name	<b>:</b>	Class:	
Name	9:	_ Class:	
Name	9:	_ Class:	
The re	elocation is due to:		
	moving overseas or interstate		
	moving to NSW Department of Education S	School	_ (insert school)
	moving to an Independent/Catholic School		(insert school)
Stuc	dent/s Returning Late to Lindfield	d Public School In 2019	
Name	9:	Class in 2018:	
Name	9:	Class in 2018:	
Name	e:	Class in 2018:	
Exped	cted date of return:		
Reas	on:		
Paren	nt/Carer Signature:	Date:	

Megan Lockery

**Principal** 

# **Deputy Principals' Report**

### **Garden Club**

Garden Club has started Term 4 off with some cooking. They used the produce from the garden to make healthy rice paper rolls. They were able to pick parsley, spinach, lettuce and silverbeet. Students found it really exciting being able to take ownership of what they had grown and use it in their cooking! Our Term 4 crops have just been planted and the club cannot wait to see their corn, sweet potato and edible flowers thrive in the sun! Thank you to Miss Sorrell and Miss Ginges for leading this learning.









### **Kindergarten Orientation**

We are looking forward to seeing our new students tomorrow at their final Kindergarten Orientation visit. Please see details regarding this event later in the lines.

### **Extension Class**

This Friday letters will be sent home to the 59 students who applied for the Extension Class in 2019. There are only 15 places available to make up the Year 5 component on the 5/6 composite class.

### **Chess Tournament**

On Wednesday next week, 33 of our top chess competitors will take part in the North Shore Primary Schools One-Day Chess Team Tournament at Castle Cove Public School. Please ensure all students invited have returned their notes to Miss Mustaca by Friday 16 November. We wish all these students luck with their games.

### **Athletics Carnival**

K-2 students had a wonderful time yesterday at the Athletics Carnival where they were involved in a number of different games and fun running races after lunch. Thanks to all our lovely visitors who gave their support to our students and joined us for a picnic lunch. Thank you also to Miss Maclaine and Miss Marks who organised the day.





# **Presentation Day Assemblies: Save the Dates!**

We will again be holding our Presentation Day Assemblies at school and dates are as follows:

Kindergarten – Monday 10 December from 9.30–11.00am (approx)

Years 1 and 2 - Tuesday 11 December from 9.30–11.00am (approx)

Year 3 and 4 – Wednesday 12 December from 9.30-11.00am (approx)

Year 5 and 6 – Thursday 13 December from 9.30 -11.00am (approx)

### **End of Year Class Parties**

Please see the end of the Lines each week for the date, time and location of end of year class parties that will be held in either Week 9 or 10 this term.

### **Ethics Notes**

2019 Year 1 Ethics notes were sent out last week and are due Wednesday 21 November to Mrs Cornell's office. Students who do not attend Scripture classes in NSW public schools can attend Ethics classes as an alternative to Non-Scripture. The Primary Ethics curriculum is inquiry based. Children use dialogue and discussion, learning how to think about ethical matters through the give-and-take of reasoned argument. Children who currently attend 'Non Scripture' will have priority access to this class over others who might want to join by opting out of their current Scripture class. This is according to Department of Education Policy.

# **Seeking Ethics Teachers for 2019**

Lindfield Public School **urgently** needs new volunteer Ethics teachers. Without new volunteer teachers, LPS will not be able to provide classes to all children who have nominated to do Ethics instead of Scripture or non-Scripture. Ethics teachers need to:

Be comfortable working with, and be able to engage, with children

Have an interest in helping children think about ethics using the Primary Ethics curriculum

Have an open-minded, inquiring outlook

Have excellent communication skills

Be available to teach a class on Tuesday mornings at 10:30 – 11am.

Training is provided.

For more information about the role, please go to http://www.primaryethics.com.au/ethicsteacher.html If you would like to join the LPS Ethics team, please contact Apple, LPS Ethics Coordinator, on 0452 190 388 or <a href="mailto:xinyi0702@qmail.com">xinyi0702@qmail.com</a>

# Scripture/Ethics

The last Scripture and Ethics classes will be held next week.

# Thank you Jodi - Book Club Organiser

This year Jodi Fielden again took on the role of Book Club Co-ordinatior. She worked tirelessly to ensure brochures went out, sorted all of the ordered books and ensured they were delivered to your child's classroom. We thank her for being so generous with her time.



Kate T	5K	Alex C	5/6A
Sophie T	5K	Zolly C	5/6A
Emma F	5/6S	Vedant I	5K
Madi S	5/6A	Ryan K	5/6A
Madeleine W	5R	Alvin K	5K
Olivia N	5/6A	Max L	5K
Hayley J	5/6A	Philip M	5R
Maria K	5R	Spencer T	5/6A
Anna B	5/6S	Ethan Y	5K
Sophie H	5R		
Gemma S	5R		
Claire B	5R		







# Thank You Morning Tea

Dear School Community,

Many of you contribute to the life of the school in so many ways, e.g. class parents, excursion helpers, classroom helpers, P & C committees, Scripture/Ethics teachers, Multilit helpers, Project Based Learning mentors/speakers. We would like to take this opportunity to thank you.

Lindfield Public School wishes to invite all parents, carers and community members to a 'Thank You' morning tea so we can express our appreciation for your contributions.

Date: Tuesday, 20 November 2018

**Venue:** COLA (undercover area outside of hall)

**Time:** 11:00 am to 11:30 am

We hope you will be able to attend and we look forward to seeing you there.

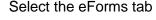
From Lindfield Public School staff and students

### **Absentee Notification**

We would appreciate it if you record student absences via the **Skoolbag app** which can be downloaded from the app store. Just search for Lindfield Public School.

Simply open the app







Select the Absentee Form tab



# **Community Notice Board**

All community notices/flyers can now be found under the Parent and Community link on our website. http://www.lindfield-p.schools.nsw.edu.au/p-c-website/community-notice-board

# **Medical Alert Updates 2018**

Please ensure all children with anaphylaxis and other medical conditions hand in their updated Action Plans. Kindly ask your doctors to sign, stamp and date them. The school needs to receive a coloured copy of the Action Plan for our health records. All students with a known medical condition must provide updated health plans for 2018. Thank you for your ongoing support.

### **Notes Sent Home**

Notes are available to download from the school website: <a href="www.lindfield-.schools.nsw.edu.au">www.lindfield-.schools.nsw.edu.au</a> Please look under the 'Notes' tab.

# **Work on Display**



# Work on display in the office for this week KC and 4T

# **Anaphylaxis at Lindfield Public School**

At Lindfield Public School in 2018, we have a small number of children with a potentially life threatening allergic reaction. They are found across our school from Kindergarten to Year 6. How can parents help these children?



- If possible, choose alternative sandwich spreads to peanut butter and Nutella. If you have no alternative, inform your child that these foods can trigger an anaphylactic reaction.
- Reinforce the school's NO FOOD SHARING message.

Please note, no students are allowed to bring glass bottles to school for safety reasons

# **Student Writing Samples**

Please enjoy some writing samples from our wonderful students in 2G who have been using the 'Seven Steps to Writing Success' program. Their writing is based on a picture from the book 'Where the Forest Meets The Sea'.

When I stepped into the old tree it was like being locked in an empty wardrobe, except the twisted roots created windows. One of the openings showed a nearly hidden cassowary, searching for food. Climbing on a silver web, glistening in the sun making it sparkle was a big and black spider hiding in the shadows waiting for insects to get stuck in its web. I wondered if Aboriginal children used to play here?

### Alexander H

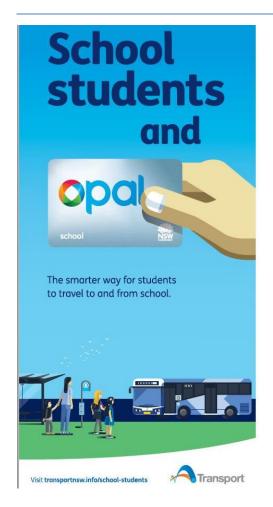
I crouched down. This was as damp and dark as a rainforest in the wet season at night. I could hear the cassowaries talking away. At the entrance, a big black and scary spider hung there on its web glistening in the sun. It was dark but twisted branches made excellent windows. This is a great place to hang out with your pals.

### Renee T

I stood in the hollow tree as wind whipped past me like a wave of icy cold water. It was dark in the tree. The tree was damp as the underground pipes I had been in before. Moss covered the rough tree bark. A large black spider was hanging on a wet silk web. The twisted roots made a small window. I peeked out of the tree and a large cassowary stalked past looking for prey amongst the thin trees. It then raced to the top of the large forest that surrounded me.

Ethan H

# School Student OPAL Applications for 2019 are now open



# Introducing the School Opal card

The School Opal card gives eligible students free or discounted travel between home and school using the train, bus, ferry and light rail services you nominate in your application.

### Who can apply?

To be eligible for a School Opal card, students may need to live a minimum distance from their school:

### Years K-2 (Infants)

There's no minimum distance.

### Years 3-6 (Primary)

More than 1.6km straight line distance or at least 2.3km walking.

### Years 7-12 (Secondary)

More than 2.0km straight line distance or at least 2.9km walking.



If you live too close to be eligible for free travel, you may still qualify for a School Term Bus Pass, which offers travel on buses between home and school at a discounted rate for the whole school term.

### Who needs to apply

A new application is only required if the student has not had a School Opal card before.

If the student already has a School Opal card and is changing schools, campuses or home address, you will need to update their Opal card for the new school year before mid-December at apps.transport.nsw.gov.au/ssts

### How to apply

Applications for next year open at the start of Term 4 this year.

### Step 1

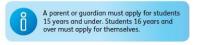
Once the new school has confirmed your child's enrolment, complete the application at transportnsw.info/school-students

### Step 2

The school endorses your application.

### Step 3

Once Transport for NSW has approved the application, a School Opal card will be sent to the address provided on the application.



Students progressing to year 3 and year 7 do not need to re-apply if they:

- are continuing at the same school
- · are residing at the same address
- have not been sent an expiry notification from Transport for NSW.

Where a student meets the new distance eligibility, the system will automatically update their entitlement. If they do not meet the new eligibility, they will receive an expiry notification.

Students who have an entitlement approved under a medical condition which is due to expire will receive a notification advising them to re-apply.

Term Bus Pass holders will receive a notification to re-apply.

If students need to update their information or re-apply, they should go online to <a href="https://apps.transport.nsw.gov.au/ssts/updateDetails">https://apps.transport.nsw.gov.au/ssts/updateDetails</a>

Applications need to be submitted **before 31 December 2018** to ensure student entitlements are updated and their current entitlement/card is not cancelled. If their application is submitted after 31 December 2018, the system will automatically cancel a card and a new one will need to be issued. Students in the Opal network applying for a SSTS or Term Bus Pass entitlement for the first time will receive their card at their nominated postal address. Cards will be mailed out during December 2018 and January 2019.

For further information visit <a href="https://apps.transport.nsw.gov.au/ssts">https://apps.transport.nsw.gov.au/ssts</a>

Regards,

Transport for NSW



### You're invited ...

### to our next meeting

When: Thursday 22 November 2018, at 7:30pm
Where: Staff Room, School Administration Building

### **PROPOSED AGENDA**

- 1. Attendance & Apologies
- 2. Minutes of the previous meeting, and any matters arising
- 3. Principal's Update
- 4. Presentation 'The Year in Review' Megan Lockery
- 5. President's Report including update on contracts
- 6. Financial Report including update on P&C accounts
- 7. Sub-committee Reports
- 8. Events for the remainder of 2018 and the beginning of 2019
- 9. Proposed date for first meeting of 2019
- 10. Other business

If there is any issue that you would like added to the agenda, please email me the details.

The 22 November (Term 4) meeting is due to be the last meeting for 2018.

Bill Steenson, P&C President president@lpspandc.org.au

Phone: 0478617191

### Canteen



# **Chinese Specials Day**

There were so many people who helped prepare, make & serve the food. A big thank you to Ting Ting L, Huiping H, Xin Y, Penny P, Sabrina, Vivian, Serena,



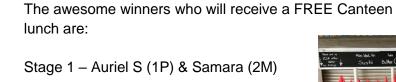
Winnie, Yolanda, Julia J., Chrissy, Sonya S., Katherine Q, Sunny, Tata, Mia, Cindy, Apple H, Agnes W, Jane D, Sonia K and Chenjie B who helped make Chinese Specials Day such a huge success! We made 400 pork dumplings, 200 chicken dishes and more than 120 mango



puddings! From scratch! Phew!!! We all had so much fun look at the great photos from prep day & today!

# Specials Day colouring competition!

Thank you for all the fabulous entries. The winners were judged by our resident artist Elizabeth!



Stage 1 – Auriel S (1P) & Samara (2M)

Stage 2 – Vivienne Z (3Z) & Louise M (4N)

Stage 3 – Tahlia L (6R) & Emma G (5K)



# LPS CANTEEN VOLUNTEERS: TERM 4, Weeks 5 & 6

Volunteers are needed in the Canteen *Thursday 15 and Friday 16* November this week. If you can help out this week please email Cara Rogers at lpscanteenvolunteer@gmail.com There are also some gaps for next week and the rest of term, please contact Cara if you can help out.

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 6	19-Nov	20-Nov	21-Nov	22-Nov	23-Nov
spot 1	Eva C.	Nguyet N.	Merryn S.	Jane D.	Catherine C.
spot 2	Pip L.	Nadine N.	Amy S.	Naomi R.	Eva C.
				HELPER	HELPER
spot 3		Zhihua L.	Yvonne L.	NEEDED	NEEDED
					HELPER
spot 4					NEEDED
					HELPER
spot 5					NEEDED

Please note: if you can't attend on your allocated day, please find a replacement and/or email Cara at <u>lpscanteenvolunteer@gmail.com</u>. In a last-minute emergency please phone the school on 02 9416 1903 and ask for the Canteen.

Sarah Burnett, Claudette Mann and Katrina Tottenham **Canteen Managers** canteen@lpspandc.org.au

# **Clothing Pool**



Clothing Pool Opening Hours: 8:30 am - 9:30 am Wednesdays and Thursdays

Don't forget the **ONLINE ordering** option – easy and secure via the P&C website. Orders are then delivered to your child's class, usually on Wednesdays or Thursdays. **PLEASE** include your <u>child's name and class</u>.

### PLEASE LABEL YOUR BELONGINGS

### News

• No more Plastic Bags

The Clothing Pool is going plastic bag free. Please remember to bring along a bag to carry your items home.



Sports Jackets

Please remember: Our sports jackets can ONLY be worn when our students wear their sports uniform. The children may NOT wear the sports jacket over their school uniform.



# **Our Upcoming Volunteers' roster**

Thank you to all the volunteers who came and helped us fit out the Kindergarten children in the last two weeks. Please everyone remember: the Clothing Pool is only open during school time – We are SHUT from Christmas until the end of January!

	Wednesday 14 Nov	Thursday 15 Nov
Week 5	Greti Lindsay Penny Yue	Greti Lindsay Brenna Roumanos
	Wednesday 21 Nov	Thursday 22 Nov
Week 6	Greti Lindsay Kaori Sato	Greti Lindsay Jessica Burton

# **Swimming**





### SIGN UP NOW FOR LINDFIELD LAPS! SUNDAY 25 NOVEMBER

Join us for the pool's major fundraiser of the year. We need the whole school community involved – students, ex-students, parents, teachers and friends of LPS.

**How does it work?** A team of swimmers complete as many laps of the pool as they can in 40 minutes. There is no minimum or maximum number of laps that each team member may swim.

**Who can be in my team?** Anybody! A team has a maximum of 5 members and can be your friends, mum, dad, grandparents, aunt, uncle, siblings...

**Do I need to be a good swimmer?** No! We've had young ones on noodles, fabulous grandparents and everyone in-between. It's about having fun with friends and family and raising much needed funds for our school pool.

HOW TO SIGN UP: http://lpspandc.org.au/product/lindfield-laps/

Join us for a morning of swimming, cheering and fun!

### SIBLING OR FRIEND STARTING SCHOOL 2019?

We are now taking registrations for new students starting next year. They may join our January holiday program or lessons starting in Term 1. Please email <a href="mailto:swimming@lpspandc.org.au">swimming@lpspandc.org.au</a> to register your interest.

### **IMPORTANT DATES**

Friday 16 November Seahorses Club 4:45pm Friday 23 November Seahorses Club 4:45pm

Sunday 25 November Lindfield Laps

For questions regarding any aspect of swimming at Lindfield check the Swimming page of the P&C website or email Michele McCarthy - Swimming Administrator swimming@lpspandc.org.au

Michele McCarthy **Swimming Administrator**swimming@lpspandc.org.au

# **Strings**



### **ENROLMENT FOR 2019 Mozart ensemble**

To enrol your child in the 2019 Mozart ensemble please click on the link below and fill out the google form online. No enrolments via email will be accepted.

Once we receive your enrolments we will be asking for the payment of the Mozart Semester 1/2019 ensemble fee to secure your child's spot in the Mozart ensemble.

<u>PLEASE NOTE</u>: all children enrolled in the Mozart ensemble are expected to attend a weekly rehearsal from Term 2. Mozart rehearsal will be from 3.15 - 4.15pm every Monday during term time. This is in addition to the 1/2 hour private tutorial.

Please enrol using this google form:

# https://goo.gl/forms/OGIZXWVUPOfQtx1i2

# **Auditions for current Strings students**

All current Strings students wishing to continue with the LPS Strings Program in 2019 are asked to attend this year's auditions on 3 December and 10 December during their usual rehearsal times. An email explaining the expectations and requirements for the auditions has been sent out. Please get in contact with us if you have not received the email.

# **Strings Christmas Concert - 9 December, 3-5pm**

The Strings Committee is inviting all the Strings families to this year's Strings Christmas Concert on 9 December, from 3-5pm in the LPS Hall.

All Strings musicians will receive their participation patches at the Strings Christmas Concert this year.

Please bring a plate of food to share after the concert!



# For your Calendars: Term 4

30 Nov -	Music Spectacular, Killara High School - all ensembles and bands
3 Dec -	All ensembles: first auditions for ensemble positions 2019
9 Dec -	Strings Christmas Concert, 3-5pm, LPS Hall, all ensembles
10 Dec -	All ensembles: second auditions for ensemble positions 2019
10 Dec -	LAST rehearsals for all ensembles: no rehearsals in Week 10

Verena Conti and Mary Alonti String co-conveners

strings@lpspandc.org.au

### **Band**



# Re-registration for 2019 is now open!

For existing Band families, your Band Representative will recently have emailed you a link to re-register your children for 2019. In order to plan for instrument allocation and availability, we need you to register as soon as possible - no payment is required yet. The exciting news is that your children will be moving up to the next band, so the next step in their musical journey awaits! Please either follow the email you received or click on the link below to go through to re-registration 2019:

https://lpspandc.org.au/2019-band-registration/

If your child no longer wishes to participate in Band, we ask that you please notify the Band Co-Convenors on band@lpspandc.org.au as this will also impact planning for 2019.

# **Orchestra Rehearsal - Sunday 18 November**

A reminder to all Orchestra members that the final rehearsal for the year will be held this Sunday 18 November in the School Hall from 2:45 – 5:00pm.

Please also note that **Orchestra fees are now due for payment** - please follow the link on the P&C website. Your prompt attention is most appreciated.

# Coming soon! Annual Music Spectacular - Fri 30 Nov at Killara High School

Planning for our amazing Music Spectacular featuring all of LPS's fine musicians is underway and the evening is fast approaching. The children have all been busy practising their special pieces at rehearsal and at home (we hope!) in readiness to celebrate a year of music-making.

This wonderful event is only possible with the help of parent volunteers. Rosters will be coming out shortly - any help you can contribute is invaluable to ensuring that the night runs smoothly. Please save the date - Friday 30 November - we look forward to everyone joining us at the Killara High School Hall for a superb evening. Stay tuned for more details.

### **Band Calendar**

The final, busy weeks of the year are upon us. Please take note of important dates and performances for your family:

Week 7	Friday 30 November Music Spectacular KHS - all Bands
Week 8	Tuesday 4 December Diamond Awards Assembly <b>SB</b>
Week 8	Last week of Rehearsals for the year
Week 9	Wednesday 12 December Stage 2 Presentation Day IB Thursday 13 December Stage 3 Presentation Day CB
Week 8	Friday 7 December CB TOUR
Week 10	Band end of year party in their PM rehearsal / Hire Instrument returns - all Bands
Week 10	Tuesday 18 December Lindfield Blue Assembly <b>JB</b>

# **End of Year Class Parties**

Date	Class	Venue	Time
Monday 10 December	KM	Adventure	2:15-3pm
Monday 10 December	1R	Level 1 Camphor Laurel	2:15-3pm
Monday 10 December	3Z	Ginkgo (Car Park End)	2:15-3pm
Monday 10 December	4N	Ginkgo (Garden End)	2:15-3pm
Tuesday 11 December	2T	Adventure	2:15-3pm
Tuesday 11 December	1/2E	Level 1 Camphor Laurel	2:15-3pm
Tuesday 11 December	4T	Ginkgo (Garden End)	2:15-3pm
Wednesday 12 December	1P	Adventure	2:15-3pm
Wednesday 12 December	1C	Level 1 Camphor Laurel	2:15-3pm
Thursday 13 December	5/6A	Ginkgo (Garden End)	12.25-1.10pm
Thursday 13 December	2A	Adventure	2:15-3pm
Thursday 13 December	2G	Level 1 Camphor Laurel	2:15-3pm
Thursday 13 December	3CL	Palm	2:15-3pm
Thursday 13 December	2HK	Next to room on Palm shade	2:15-3pm
Thursday 13 December	KV	In own Classroom	2:15-3pm
Friday 14 December	KL	Adventure	2:15-3pm
Friday 14 December	1PT	Level 1 Camphor Laurel	2:15-3pm
Monday 17 December	5K	Ginkgo (Garden End)	12.25-1.10pm
Monday 17 December	3G	Ginkgo (Car Park)	2:15-3pm
Monday 17 December	3S	Ginkgo (Garden End)	2:15-3pm



# Hornsby Child and Youth Mental Health Service (CYMHS)



# Parenting Anxious Children SEMINAR FOR PARENTS - TERM 4, 2018

# A seminar for parents of children aged 4-10 yrs discussing:

The nature of anxiety and the different ways it may present in children, risk factors and potential implications for parents and children, as well as identification of practical strategies & resources to assist.

Wednesday
21 November

Time: 10am-12pm

- The seminar will be run at **Hillview Community Health Centre 1334 Pacific Highway Turramurra. Entry via Boyd Ave**. Please allow enough time for parking and arrive 10 minutes before the registered start time.
- Unfortunately, we cannot provide childcare facilities and are unable to have infants/children attend with their parents.
- The seminar is available to families who live in the Hornsby Ku-Ring-Gai local government area.
- The cost of the seminar is \$10 however there will be no charge for concession card holders.
- Registration is essential as groups fill quickly.
- To confirm your place please call CYMHS on 9485 6155.
- Participants will be asked to complete feedback forms.
- The service reserves the right to postpone or cancel seminars in the case of insufficient registrations.

