

1 May 2024

**SCHOOL CROSS COUNTRY CARNIVAL 2024**  
Edenborough Park, end of Edenborough Road, Lindfield 2070

Dear Parents and Carers

The annual Cross Country Carnival will take place on **Wednesday 15 May 2024**. All students in Years 3-6 are encouraged to participate in this event, to the best of their ability. The emphasis for the majority of students should be to enjoy the run, do their best and not to worry about any placing or result.

**Year 2 Students:** Students in Year 2, who were born in 2016 and turn 8 years this year, are eligible to run in the 8/9 year old combined race. Only capable long distance runners in Year 2 should consider joining in this event – they will all be able to participate next year in Year 3 regardless of ability. Most Year 2 students will remain at school for normal lessons.

The carnival will be held at **Edenborough Park**. After students have had their names marked off, Years 3 and 4, including those running from Year 2, will walk down to the oval. Years 5 and 6 will walk down at 11:00am. Students will be supervised by class teachers.

Any Year 5 students turning 10 years old this year, should walk down with the Year 4 classes to race in the correct age group. The age they turn this year is the age group they should race with.

Sports uniform, including a hat, should be worn for the carnival. The children need to bring a raincoat, warm jacket and a bottle of water to drink after their race. Students with asthma should carry their puffer with them at all times.

There is a need for parents/carers to help as marshals at varying locations around the course. Your assistance would be greatly appreciated. Spectators are welcome at this event.

In the event of the carnival being washed out due to wet weather, it will be rescheduled to Wednesday 22 May 2024 (Week 4).

**Order of Events:** 10:00am – 10 years; then 8/9 year olds.  
11:45am (approximately) – 11 years; then 12/13 year olds.  
Girls will race first, then boys.

**Distances:** 8,9,10 years – 4 laps (2km)    11,12,13 years – 6 laps (3km)

**Zone:** The school team will be made up from the top six placegetters from the following age groups: 8/9 years; 10 years; 11 years; 12/13 years. Zone Cross Country will be on Tuesday 28 May 2024 at St Ives Showground.

James Tod & Jordyn Ventura  
**Cross Country Coordinators**

Megan Lockery  
**Principal**

**PERMISSION NOTE SCHOOL CROSS COUNTRY 2024**

**Please return to class teacher by Friday 9 May 2024**

I have read the information provided and I hereby consent to my child \_\_\_\_\_ of class \_\_\_\_\_ to participate in the Cross Country Carnival to be held at Edenborough Park on **Wednesday 15 May 2024**. I understand that the children will be walking to and from the park under teacher supervision.

**Wet Weather Arrangements:**

In the event of the carnival being washed out due to wet weather, it will be rescheduled to Wednesday 22 May 2024 (Week 4) and this permission note will cover the new date.

- I acknowledge that this event is required to be held in accordance with any current NSW Health and NSW Department of Education's policies and procedures. I acknowledge and accept that there is a risk that my child may be exposed to COVID-19 whilst attending and participating in this event. I confirm that my child will not attend if displaying any symptoms.
- I acknowledge that my child will be under the duty of care of the supervising teachers.
- I acknowledge that if my child seriously contravenes behavioural expectation, they may be immediately excluded from this event.
- In the event of any accident or illness, I authorise the obtaining, on my behalf, of an ambulance and any such medical assistance that my child may require. I accept full responsibility of expenses incurred.
- I acknowledge that if my child sustains a concussion, or experiences any concussion symptoms, in the 14-day period prior to the event commencing, I am required to report this to the organising teacher. I further acknowledge that, should this occur, my child will only be permitted to participate in the planned activities, if a medical clearance is provided.
- I affirm that, to the best of my knowledge, my child has no medical condition or injury that places them at risk by participating in this sport activity.

Parent/Carer's Name: \_\_\_\_\_

Signed: \_\_\_\_\_ Date: \_\_\_\_ / \_\_\_\_ / \_\_\_\_  
(parent/carer)

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**CROSS COUNTRY MARSHAL VOLUNTEER SLIP**

I will be able to act as a Course Marshal at the Cross Country Carnival.

Parent/Carer's Name: \_\_\_\_\_

Child's Name: \_\_\_\_\_ Child's Class: \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

I am able to help from: 9:30am – 11:30am **OR** 11:45 am – 1:20pm (please circle)

\* If you are **not** contacted, please assume your help is not required. Thank you.